

LES COTEAUX DU SOLEIL

Tour of the Lizerne valley

Degree of difficulty : T2



This is a small wild valley with an easy and pleasant path, which is accessible to everyone.

This tour departs and ends at the Post Bus stop in Le Godey. Start your walk towards Montbas passing in front of the Chapel dedicated to St-Nicolas de

Flue (patron saint of Switzerland). Once you reach Pomeiron (Montbas) follow the road to Poteu des Etales. After crossing the Lizerne keep on towards La Lui then return to the starting point by following the embankment of the dam.

In the spring, it can be difficult to cross the Lizerne (strong flow due to the melting of the snow). We suggest that you embark on this walk around mid-July; before that time, crossing the river is at your own risk.

Route	Walking time (in minutes per stage)	Altitude Meter above sea level

Le Godey	Départ : Arrêt du car postal	1363
Montbas	35 mn	1553
Pomeiron	10 mn	1560
La Lizerne / gué	30 mn	1593
La Lui	30 mn	1500
Digue du barrage	25 mn	1401
Le Godey	10 mn	1363
Total time and change in altitude	2h20	+ - 230 m

- [Brochure à consulter sur l'ordinateur \(PDF 1.7Mo\)](#)
- [Brochure à imprimer chez soi en recto-verso \(PDF 4Mo\)](#)