

# LES COTEAUX DU SOLEIL

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## Le Godey (Derborence) ? Alpage de Tsanfleuron (Col du Sanetsch)

Echelle de difficulté : T3

Variante : Mié - Cabane de Prarochet - Col du Sanetsch  
ou Glacier 3000



The climb to La Lui along the embankment of the dam (take a right at the Post Bus stop) is more pleasant than following the road that starts in front of the inn. The trail is easy until you reach the Lizerne, then the climb to the Poteu des Etales (corridor) is quite steep and stony. The 'Poteu' is equipped with ropes and ladders. This walk is to be avoided if you are scared of heights. Great care must be taken as the terrain is slippery.

At the Chaux de Mié Pass or Scex Rouge Pass, you enter the famous Lapiaz de Tsanfleuron (Tsanfleuron limestone pavement): one of the largest stretches of karst rocks in Europe.

**Another option:** Climb to the Cabane de Prarochet (from the Alpage de Mié ou the Scex-Rouge Pass) then return to the Sanestch Pass. See also [www.derborence.ch](http://www.derborence.ch)

<b>Route</b>	<b>Walking time (in minute per stage)</b>	<b>Altitude meters above sea level</b>
Le Godey	Arrêt car postal	1363
La Lui	40 mn	1500
La Lizerne	30 mn	1592
Poteu des Etales	50 mn	1840 -2000
Alpage de Mié (bif. pour Prarochet)	30 mn	2094 - 2086
Col du Scex-Rouge ou de Mié	55 mn	2315
Alpage de Tsanfleuron (car postal)	35 mn	2110
<b>Total time and change in altitude</b>	<b>4h00</b>	<b>+ 952 m - 205 m</b>

